Spreyton Primary PSHE and RSE LEARNING JOURNEY

TRANSITION TO **SECONDARY**



Year D: Yr3 Our Happy School (New Beginnings), Citizenship (Me & My Community)

Getting on & Falling Out/ say no to bullying) Safety

Year D: Yr5 Looking Forward Going for Gold), Economic **Nellbeing**

Year D: Yr3 Healthy Bodies, Healthy Minds (Good to be Me), Healthy Lifestyles/Drug Education

Year D: Yr5 Ready, Steady, Go (Changes), Resilience/Preparing for Change

Pupils will know the importance of respecting other, how to improve and support relationships, the conventions of manners, the importance of self respect and an being. Pupils will have opportunities to discuss feelings and know where to get support if needed

KS2

Year C: Yr6 Our Happy School (New Beginnings), Citizenship (Me & My Community)

Year C: Yr5 Out & About (Getting on & Falling Out/say no to bullying) Safety

Year C: Yr5 Looking Forward (Going for Gold), Economic Wellbeing

Year C: Yr3 My Friends & amily. SRE

Year C: Yr4 Healthy Bodies, Healthy Minds(Good to be Me), Healthy Lifestyles/Drug Education

Year C: Yr6 Ready, Steady, Go (Changes), Resilience/Preparing for

KS2

w that the internet is an integral part of life and has many benefits that they need to stay safe and protect themselves when lpha

Year B: Yr4 Out & About (Getting on & Falling Out/say no to bullying) Safety

Year B: Year A: Yr6 Out & About (Getting On & Falling Out) Say No to Bullying,

Year B: Yr5 Healthy Bodies, Healthy Minds (Good to be Me), Healthy Lifestyles/Drug Education

Year B: Yr 40ur Happy School (New Beginnings), Citizenship (Me & My Community)

Year B: Yr3 Looking Forward (Going for Gold), Economic Wellbeing

Year B: Yr6 Ready, Steady, Go (Changes), Resilience/Preparing for Change

Relationships education, RSE, and health education. By the end of year 6 pupils will know why families are important, the characteristics of healthy family life and families and stable relationships come in a variety of different forms. They will have an understanding of marriage and how to recognise when family relationships are making them feel unsafe. Pupils will know that why friendships are important, the characteristics of friendships how to sustain a healthy friendship and how to recognise who to trust and who not to trust

KS2

Year A: Yr 5 Our Happy School (New Beginnings), Citizenship (Me & My Community)

Year A: Yr3 Out & About(Getting on & Falling Out/say no to bullying)

Year A: Yr4 Looking Forward (Going for Gold), Economic Wellbeing

Year A: Yr6 Out & About (Getting On & Falling Out) Say No to Bullying,

Year A: Yr6 Healthy Bodies, Healthy Minds(Good to be Me)

Resilience/Preparing for Change Healthy Lifestyles/Drug Education

Year A: Yr3 Ready,

Steady, Go (Changes),

KS1

and social awareness. It builds on their ability to develop effective relationships, assume greater responsibility and manage personal safety. It helps them to manage the physical and emotional changes at puberty, introduces them to a wider world and enables them to make active contributions to their communities

Year B:

Our happy school—rules and rewards Out and about—fire/road safety

Going for goals

Relationships—friends and family

Year B Healthy bodies, healthy minds medicines, keeping healthy.

Changes—overcoming obstacles.

Year A:

Rules and feelings

Keeping safe

Throughout all year groups, children will develop the ability to effectively apply the following five social and emotional aspects of learning: Self-awareness, managing feelings, motivation, empathy and social skills. confiYear A

Strengths and goals

Year B

Friends and family

Year A

Physical and mental health

Choices and

In EYFS, children develop a positive sense of themselves and others to form positive relationships and develop respect for $% \left(1\right) =\left(1\right) \left(1$ others. To develop social skills and learn how to manage their feelings, to understand appropriate behaviours in groups and have confidence in their

EYFS

See themselves as a valuable

Build constructive and respectful

Express their feelings and consider the eelings of others.

KS1

Show resilience perseverance in he face of hallenge.

noderate their own feelings ocially and

hink about the perspective of

Manage their own

